A critique

- Ethnocentric biases
- Universalism (Freud, Piaget, Erikson, Maslow, Skinner, etc.)
- Prejudicial biases $\rightarrow$ Difference = deficient
- How can the teaching of psychology be more diverse? Focusing on....?
Forms of Diversity

• Ethnicity or “Race”
  o African American
  o Asians, Asian American, Pacific Islanders
  o Chicano/a, Latino/a, “Hispanic”
  o Native American

• Gender

• Sexuality

• Others
How Diverse Can Psychology Be?

- Women, African American, Asian American, Latino, American Indian & Alaskan Native, Jewish, Disability, Later Life
- Lesbian, Gay, Bisexual, Transgender & Intersex
- Men & Masculinity
How diverse?

- International contexts
- Socio-economic Class

- Definitions & History
- Scope – Parallels psychology subject areas
- Reactive Posturing – debunking scientific racism
- Subject Areas – child, family, relationships, criminal (in)justice, assessment, therapy

History, Identity, Diversity (40 groups, 40 languages, 20 countries)

Despite diversity, many similarities
- **Values (Confucian, Taoist, & Buddhist)**
  - Harmony with others
  - Family & group
  - Fulfilling expected familial & societal roles

- Oppression & Racism

**Immigration History**
- 1840-1924 – Chinese workers & American prejudices
- 1880s – Japanese migrants to Hawaii & West coast & plantation work & “Gentleman’s Agreement”
Asian American & Pacific Islander
(Chan, 2003, cont’d)

- Immigration History (cont’d)
  - 1840-1924 – Chinese workers & American prejudices
  - 1880s – Japanese migrants to Hawaii & West coast & plantation work & “Gentleman’s Agreement”
  - 1903 – 1920 - & Korean & Filipino immigration
  - 1924-1965 – Limits placed (1924 Immigration Act)
  - 1941: Pearl Harbor & internment & Japanese dispersion & appropriation
  - Last 25 years: 1 million Asian refugees (Vietnam, Laos, Kampuchea).
  - Currently, fastest growing immigrant group

- Psychological Issues
  - Family life, child rearing, acculturation, communication styles, minority group status (& “model minority”), stereotypes & racism, gender, refugee experiences, mental health utilization
Chicano Psychology
http://www.nlpa.ws/

- Diversity of “Hispanic Americans” (Mexican Americans & Immigrants, Puerto Ricans, Cubans, Central & South American)
- Commonalities (language, values, customs) & differences (history & experiences)
- Topics
  - History
  - Chicano Psychology
  - Life span development
  - Personality & social psychology
  - Intelligence & learning
  - Psychological services
  - Acculturation
  - Language
  - Mythology
  - Regional differences
Chicano/a Psychology (cont’d)

- History
  - “Hispanic” (“...a generic label including all people of Spanish origin & descent”). Not homogeneous.
  - Cultural mixing: Spanish, Indians from Mexico
    - Geography: SW US & urban dwellers
    - Traditional healing (“Curanderismo”)

- Life Span Development & Culture
  - Bilingualism
  - Marriage & the family, sex roles

- Social & Personality Psychology
  - Gender (double minority status), acculturation, oppression
  - Intelligence & educational issues

- Psychological Services – unique mental health issues

- Focus on Native American traditions of “harmonious balance of mind, body, & spirit with the natural environment” and therapeutic strategies.


- Development of alternative theories for counseling
- Tribal differences (culture, language, myths & religions)
- Medicine Wheel: Holism (the center), Social embeddedness (the east), lifestyle (the west), goal orientation (the north), striving for mastery (the South). Four seasons
Sexual Diversity

- [http://www.apadivision44.org/](http://www.apadivision44.org/) (Division 44 – APA)
- Identity, coming out, social relations, family relations, work
- Mental health, stress, therapy
Other Diversities


  - Shift in thinking from people with flaws to a minority group with civil rights
  - Attribution, stereotyping, identity formation
  - What is a disability? Import of terminology: impairment (organic), disability (functional limits), handicap (social stigmas, discrimination)
  - Physically challenged.
  - Cultural psych., social psych., developmental, personality, clinical, women, industrial/organizational
Psychology in international contexts

- Morita School of Japanese psychology - http://moritaschool.com/content/japanese-psychology
- Italian society of positive psychology - http://www.psicologiaapositiva.it/home.htm
- Etc.